



## E-Bulletin from National Association for Patient Participation Issue Number 101 November 2015

### 1. Latest N.A.P.P. News

- a. **All Party Parliamentary Group Primary Care and Public Health Inquiry: N.A.P.P. Survey:** Our Chair and CEO will give oral evidence to the inquiry at the end of November. Many thanks to all of you who have responded to our survey as individuals and as PPGs. Within a week of distribution there were over 1000 responses. A fantastic response! [Read more](#) about the inquiry.
- b. **N.A.P.P. Research Engagement Award:** With the **deadline of 15 January 2016**, there is still time to bid for prizes of £400 and £100 and showcase the work your PPG is doing, what you have learned and achieved by participating in research. Download the [Application Pack](#), watch the short [video clip](#) about 2014 winners and use the [Entry Form](#). You can also email supporting evidence (videos, photos, media clippings etc.)
- c. **.Diary dates**
  - **PPG Awareness week beginning 6<sup>th</sup> – 11<sup>th</sup> June 2016**
  - **Annual Conference 11<sup>th</sup> June 2016** Park Royal Hotel, near Warrington in Cheshire

### 2. Stop Press! NHS England new patient and public participation policy

On 20<sup>th</sup> November, the Board of NHS England approved a new patient and public participation policy and statement of arrangements. It also committed to further action to seek out, listen and respond to people's views on the NHS. Details are set out in Item 4 in the list of [Board papers](#) for the meeting.

### 3. Opportunity to help develop guidelines on Smoking cessation interventions and services

The National Institute for Health and Care Excellence seeks experts on Smoking to join its Public Health Advisory Committee. Applications welcomed from lay members (people using services, family members and carers, and members of the public and community or voluntary sector) and those with relevant professional or practitioner background. More details about this and other committees on [the NICE website](#). Deadline for applications is 03/12/15 at 17:00. For further queries, please contact Jennifer Heaton [PHtopicmember@nice.org.uk](mailto:PHtopicmember@nice.org.uk).

### 4. Call to join 17000 antibiotic guardians



[Antibiotic Guardian](#), a campaign led by Public Health England (PHE), urges members of the public and healthcare professionals to take action in helping slow antibiotic resistance and ensure antibiotics work now and in the future. Choose one from a list of pledges about how you can personally prevent infections and make better use of antibiotics and help protect these vital medicines. Raising awareness of antibiotic resistance is closely linked to this year's [Stay Well This Winter](#) campaign, which gives advice on how to look after themselves during the winter period.

### 5. Five Year Forward Plan in pictures

To celebrate the document's first birthday, the NHS Confederation has published a one page [graphic](#) illustrating the goals of the Five Year Forward View summarises the three "gaps" addressed by the plan: health and wellbeing, care and quality, and funding and efficiency.

## 6. Major upgrades to GP premises promised

The next phase of NHS England's £1bn primary care infrastructure four year investment fund, renamed the [Primary Care Transformation Fund](#) promises to deliver GP premises fit for the future so patients can access more services locally. In the first year £250m was available to help GP practices to improve premises and technology. The fund now supports more ambitious longer term plans to deliver joined-up services in local communities, reducing reliance on hospitals. The aim is to ensure that services adapt to address rising demand on GP services, which account for 90% of all patient contact with the NHS. From 2016/17, CCGs which plan and fund most local health services will lead proposals for future investment.

## 7. Healthier lifestyle can delay dementia, disability and frailty in later life

Latest [guidance](#) from NICE emphasises the need to encourage people to stop smoking, be more physically active, reduce their alcohol consumption, and adopt a healthy diet to help lower the risks of these conditions.

## 8. Do patients want seven-day opening at GP practices?

The British Journal of General Practice has published a paper [Online First Research](#), based on views of over 700,000 patients showing lack of demand for routine weekend opening of GP practices. Over 80% did not report problems with opening times. About 75% of the remainder said Saturday opening would make it easier for them. Only 36% (6% of the total sample) thought the same about Sunday opening. It suggests that only certain patient groups, such as younger people in full-time work, may benefit.

## 9. More than 400 pharmacists to be recruited to GP surgeries next year

[This three year initiative](#), announced in July, will begin immediately, giving more than 7 million patients access to expert advice from a clinical pharmacist when they visit their GP from spring 2016. Examples of benefits patients can expect include extra help to manage long-term conditions, specific advice for those with multiple medications and more access to clinical advice on treatments. Due to an overwhelmingly positive response from GP surgeries, NHS England has more than doubled funding from £15m to £31m for this pilot, 73 applications will receive a share of funding, covering 698 GP practices and include 403 clinical pharmacists.

## 10. Most Councils fail to comply with Carers Act or show support for carers

Under the Care Act 2014, local authorities have a duty to provide services to carers that prevent, reduce or delay them developing a need for support. Recent research by the [Carers Trust](#) reveals that few councils in England can show how they are complying with the Act. Just 17 of the 132 local authorities stated that they are working to identify carers and, of the 23 councils that mentioned having a prevention strategy in place, few provided details on the support they are providing specifically to help carers.

## 11. Age UK report: Health and care system for older people is under stress

Between 2005 and 2016 the number of people aged 65 or over in England increased by 18.8% (1.5million people) with the biggest growth amongst the over 85s (up by 29.3%). This new report ['The health and care of older people 2015'](#) examines trends in funding, provision and use of health and care services to investigate whether the needs of older people are met. It suggests that the system is under stress, underperforming, leading to higher costs, poorer health outcomes and worse patient and service user experience. The sharpest falls are in community-based services on which many older people depend to sustain independence.

## 12. Get your N.A.P.P. member password now!

N.A.P.P.'s website Member pages contain **key resources available to affiliated PPGs and CCGs**. For login details, **visit the website, click on Members and use screen instructions**. We recommend each PPG to have a group email address as the username for the login.

## 13. Reminders: Please email this bulletin to fellow members promptly. We do not send hard copies of e-bulletins. All bulletins are at <http://www.napp.org.uk/ebulletins.html>

*Edith Todd, Trustee, November 2015*