



# E-Bulletin from National Association for Patient Participation Issue Number 123 November 2017

## 1. Latest N.A.P.P. News

### a. Diary dates

- **9<sup>th</sup> June 2018:** **N.A.P.P. Annual Conference 2018** in Nottingham.
- **4<sup>th</sup> - 9<sup>th</sup> June:** **PPG Awareness Week**

- b. N.A.P.P.'s group of 100:** This is a group of up to 100 PPG representatives who are committed to give a quick response (usually between 5 and 10 days) to targeted questions, usually electronically. We have not quite reached the target of 100 members. Information is [here](#) on the N.A.P.P. website where you can complete and send the Membership Agreement form to [paul.devlin@napp.org.uk](mailto:paul.devlin@napp.org.uk)

## 2. Care Quality Commission inspection changes

This month, CQC, the independent regulator of health and social care in England, began a new round of inspections of all aspects of health and social care, based on new Key Lines of Enquiry (KLOEs). The five key criteria remain unchanged, - how safe, effective, caring responsive and well-led each healthcare provider is. See an [overview of the changes](#) of the new framework, a more detailed list [here](#) and the latest CQC information on [GP site visits](#) and information about which services will be the [primary targets for inspection](#). For further information about the background and future direction of view the [keynote speech](#) given at our Annual Conference by Ruth Rankine, CQC's Deputy Chief Inspector of General Practice, in which *she reminded delegates that all GP practices are required to display the rating they achieved from the previous inspection in a place that patients can easily see.*

## 3. Annual Primary Care Conference: Loneliness on a par with long term condition

In October, at the Royal College of General Practitioners Annual Conference in Liverpool N.A.P.P.'s exhibition stand publicised our support for both PPGs and their practices. Our Chair Dr Patricia Wilke participated in a seminar entitled "Working in true partnership with of GP services patients on co-production" chaired by Vice Chair Moira Auchterlonie. The theme of RCGP Chair Professor Helen Stokes-Lampard's well-received keynote speech was that loneliness and social isolation, particularly for older people, can be on a par with suffering from a chronic long-term condition. See and hear her speech [here](#) or read the text [here](#).

## 4. Can PPGs help to combat loneliness among the elderly in your community?

[Contact the Elderly](#) is a well-established registered charity combatting loneliness among older people in England, Wales and Scotland through monthly tea parties. It is now looking to launch groups in [GP Surgeries](#) and can support Patient Participation Groups interested in setting up and running tea party groups for isolated older guests from their practice. The service is a form of [social prescribing](#), helping to link guests with their communities. PPGs can tailor the model to the needs of the surgery. The charity also encourages young people to be involved For information contact [Hannah.John@contact-the-elderly.org.uk](mailto:Hannah.John@contact-the-elderly.org.uk) / 020 7881 2369.

## 5. Free WiFi in all GP practices

As mentioned in the July/August bulletin, NHS WiFi is committed to providing all staff and patients access to WiFi in NHS settings in England. **Local Clinical Commissioning Groups (CCGs) and NHS trusts are responsible for implementing the rollout to GP practices across England by the end of the year.** To date 76% of CCGs have submitted WiFi implementation progress tracking data and CCGs who have yet to [report](#) on progress

are asked to post updates on the NHS WiFi. The systems should provide secure, stable, and reliable WiFi capability, allowing patients and the public to download health apps, browse the internet and access health and care information.

## 6. Call for women to get life-saving smear test after uptake drops

The NHS has issued an appeal to young women to take up the invitation of a cervical cancer test as new figures published show a fall in the number of 25 to 29-year-old women being tested. Recent [statistics](#) show a drop in the number of women of all ages being screened for cervical screening, but worryingly only 62% of younger women took up the invitation for a test in 2016. Public Health England is urging all eligible women (aged 25 to 64) who are invited for “smear test” to take the test. As a result of screening, deaths from cervical cancer have decreased by 72% since the NHS was founded.

## 7. Active older people could save the NHS millions, report suggests

A new report *Moving More, Ageing Well* from UKActive, a not for profit body highlights the need for innovative solutions for keeping older people active and independent that could save billions of pounds in NHS and social care costs by preventing disease. The authors recommend a National Activity Therapy Service (NATS) that would see signposting to physical activity opportunities and practical advice on how to be more active feature in every contact between carer professionals and patients. Teaching health and social care professionals such as pharmacists and Meals on Wheels staff to deliver exercise interventions could be key to curtailing the UK’s growing ageing crisis. The service would also see specially-trained exercise professionals embedded into GP centres. [More...](#)

## 8. Summary Care Record developments

Your Summary Care Record (SCR) is a short summary of your GP medical records, which can be accessed by health care professionals if you need treatment away from usual surgery. Until recently it has consisted of the medicines you are taking, your allergies and bad reactions you may have to certain medicines. Now, in 98% of GP practices across England, it is possible to add further clinical information (with explicit patient consent) by simply changing the patient’s consent preference in the GP system. This might help reduce the burden between healthcare settings as more detailed information. Additional [information](#) could include: reasons for medication, vaccinations, significant diagnosis, anticipatory care information and end of life care preferences.

## 9. The eyes have it! New NICE guidelines on cataracts and glaucoma

- The National Institute for Health and Care Excellence has issued updated guidelines for both conditions. The new [guideline](#) on glaucoma now includes a section on what tests should be carried out by primary eye care professionals to determine if referral to a specialist is necessary, meaning that it will mean fewer people need to be referred for further specialist investigation and possible treatment
- The [guideline](#) on cataracts indicates a more patient-centred approach where decisions to have cataract surgery should be based on whether the patient thinks surgery is right for them. It provides advice for patients and ophthalmologists to help them decide when surgery is appropriate, taking into account how the condition is affecting a patient’s sight and their quality of life, the benefits and harms of the operation.

## 10. N.A.P.P. website: Don’t miss out this useful benefit of belonging to N.A.P.P!

Our website Member pages contain **key resources available only to affiliated PPGs**. For login details, **visit the website, click on Members and use screen instructions**. We recommend each PPG to have a generic group email address as the username for the login.

**11. Reminders:** Please email this bulletin to fellow members promptly. We do not send hard copies of e-bulletins. All previous bulletins can be found at <http://www.napp.org.uk/ebulletins.html>

*Edith Todd, Trustee, November 2017*